

Nation

Good morning Doha

DIAL DOHA	FIRE	999	Airport Services-Operator	44656666	Drain Centre	44687894
Electricity	AMBULANCE		Qatar Airways	44496666/44496000	Ministry of Education	44941111
Water	POLICE		Qatar Airways (Airport)	44496688	Qatar Television (QTV)	44894444
Hamad Hospital		991	Gulf Air	44455444	Qatar Broadcasting Service (QBS)	44894444
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Quick read

Amir congratulates president of Zambia

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Deputy Amir sends condolences to Sultan of Brunei

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Qatar a wonderful example in promoting global humanitarian works, says Argentina's envoy

ASHRAF SIDDIQUI
DOHA

OUTGOING Ambassador of Argentina HE Carlos Hernandez has described Qatar as a great example in promoting global humanitarian works, education, research, sports, and uplift of underprivileged societies in various regions through its contributions to the UN and other international organisations.

Speaking to Qatar Tribune, HE Hernandez said Qatar was one of the first countries to extend help to the needy countries during the COVID-19 pandemic, and praised Qatar Airways for its support and help in transporting stranded Argentine nationals at various airports back to Buenos Aires.

Talking about the bilateral relations between Ar-

gentina and Qatar, he said his tenure of two years and five months witnessed the state visit of the Amir His Highness Sheikh Tamim bin Hamad Al Thani to Buenos Aires in October 2018, which strengthened the close relations between the two countries as a number of memoranda of understanding (MoUs) and agreements were signed.

He said the period also saw the visit of Foreign Minister of Argentina, two visits of Argentine vice-president and a number of commercial visits.

The envoy said that before his posting, there were only about two bilateral agreements between the two countries, adding that during his tenure around 45 MoUs and agreements were initiated, some of which have been signed while six or seven are



HE Carlos Hernandez

ready for signing but delayed due to COVID-19.

He added that some agreements are under discussion and at various stages with the hope to get finalised soon.

In the trade and investment sector, the ambassador said a number of Argentine products, including meat,

fruits and vegetable are available in Qatari market.

He said Qatar Petroleum, as part of a consortium, has handsome investment in Argentina as it has exploration agreements in the northern part and western basins of the country.

He said the governor of Misiones Province, home of Iguazu Water Falls system, the South American wonder of the world, will be visiting Qatar to discuss investment opportunities and promote Iguazu Water falls.

In the sports sector, Hernandez said Qatar plans to construct polo stadium and Argentine experts will be providing training to Qatar polo team, adding that Qatar Women's Sports Committee is also interested in engaging with Argentine Women Sports training programme.

He said Argentine TV and

radio anchor Flavio Azzaro, who was in Qatar as part of his year-long world tour, will, on his return home by December 2020, produce a special documentary on Qatar's preparations for FIFA World Cup 2022 for football lovers in Latin American states.

Hernandez described his family as being lucky to come to Qatar as they made the best of friends in the country, adding that he and his wife will be carrying great memories to cherish for life.

"In Qatar, I have discovered a new world, which seems like a world for the present and future and I am very happy that I was posted here," he said.

He praised the leadership and people of Qatar for the way they managed the blockade and COVID-19 crises successfully.



Hamad Medical Corporation's Physiotherapy Department recognises COVID-19 'heroes' as part of World Physiotherapy Day 2020 celebrations.

HMC Physiotherapy Department launches new website featuring exercise video portal for patients

TRIBUNE NEWS NETWORK
DOHA

THE Physiotherapy Department at Hamad Medical Corporation (HMC) marked World Physiotherapy Day 2020 with the launch of a new website that includes a dedicated online exercise video portal for patients.

World Physiotherapy Day is observed globally each September and the theme this year was "The role of Physiotherapy in Rehabilitation and COVID-19".

The new website, which is hosted at www.hamad.qa and can be accessed by current patients through a link provided by their physiotherapist, includes more than 500 videos. The portal is intended to enhance the patient experience and enables patients to access instructional videos safely and conveniently as part of supporting their journey to recovery.

"Physiotherapists work in a multitude of clinical settings, from working with our youngest patients and patients in intensive care units, to supporting patients of long-term care rehabilitation facilities and in the community. Our team includes specialities such as orthopaedics, neurology, cardiorespiratory, paediatrics, women's health, men's health, geriatrics, oncology, community-based



HMC Physiotherapy Department's new website contains more than 500 exercise videos for patients.

physiotherapy and mental health," said Noora Al Mudahka, chief of physiotherapy at HMC.

"The Physiotherapy Department provides physical therapy to patients during more than 270,000 outpatient visits and 160,000 inpatient visits a year and has come so far since our beginnings at Rumailah Hospital in 1957. We now have more than 300 therapists working across HMC hospitals. Today we offer a full range of services to patients who need our care - from babies through to our older patients. Most recently, the department started providing services through telemedicine channels including video consultations," added Al Mudahka.

The Physiotherapy Department is currently at the

frontline of providing physiotherapy services to recovering COVID-19 patients who have varied, and complex needs due to complications associated with the virus.

Lolwa Al Mohannadi, executive director of Clinical and Service Development, said the new website not only includes an innovative online exercise video portal for patients, but it also has information about services available and how to access these services.

"The portal hosts interventional exercise videos specific to various clinical conditions, such as stroke, traumatic brain injury, post-operative and guiding parents in the care of babies who had been ventilated," said Al Mohannadi.

"Each video is customised for the various phases of recovery and has explanatory instruction with exercises and movements that are specific to their treatment and recovery. We continuously follow-up with the patients through virtual video consultations to monitor their progress and adjust where needed. This is a safe and convenient way for patients to continue their treatment at home and it engages the patient in their recovery, which evidence shows leads to better outcomes," added Al Mohannadi.

South African Walking Football Club launched to promote unity

CATHERINE W GICHUKI
DOHA

THE South African Football Club (SAWFC), under the International Walking Football Federation Qatar (IWWFQ), was launched on Friday.

The launch ceremony was attended by South African Ambassador to Qatar HE Faizel Moosa, President of International Walking Football Federation Asia and Qatar Farhan Al Sheikh Al Sayed, Vice-President of IWWFQ Derrick Smith and representatives from different communities in Qatar.

After the launch ceremony, male and female teams played in two different matches.

South African delicacies were in display to showcase the country's rich heritage.

Speaking to Qatar Tribune, the South African ambassador said, "As South Africa, we were very instrumental in establishing a walking football in Qatar with Farhan and Derrick. We are proud to know that South Africans are assisting Qatar in terms of establishing a new federation and South Africans now have their own team to play against others.

"We are going to engage in friendly matches and that's how we want to bring all the nations together to play in this wonderful sport. We are very proud that Africa can play a positive role from community and sport perspectives, and to bond relations among different nations."

Ambassador Moosa said walking football is one of the few opportunities through which all the senior citizens can get to play; people from 40, 50, 60 or 70 years old can play.

"People below 40 years old can participate as well and we are encouraging everyone to take part because it is not very exertive," he said, stressing the power of sport in uniting people.

"In 1995, Mandela brought us together in Rugby and na-



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tions that were fighting each other bitterly were able to come together through the sport. From that example, we see sport as a major platform where even warring parties can come together," the envoy said.

Pointing out that IWWFQ was established in 2019, Sayed said that a number of communities have become part of it and others continue to join.

He said, "I feel that this is a great opportunity not only for the expatriates but for the people in Qatar in general to enjoy this beautiful concept

of walking football which focuses more on those in their 40's, 50's and 60 plus. It is for both males and females. The concept is one of the fastest growing sports concepts in the world today."

According to him, after the World Cup 2022, they will focus on hosting the Asia Walking Football Championship and perhaps Asia championship for clubs as well.

He said, "We are also looking forward to first IWWFQ Walking Football League in Qatar and we already have over 10 teams registered and probably we will have around

20 teams prior to commencing the league.

"We have over 20 communities launching their teams and branding their own colours and jerseys with supports from different embassies in Qatar because they feel that this is something special. My vision is to unite the communities, empower women and fight racism and sexism."

Community Representative and Chairlady of South African Walking Football Club Jaceline McLean said, "We have a vision to build fruitful relations with sports, culture and business."